Get Active Pathway Horam Recreation Ground

HORAM VILLAGE HALL & RECREATION GROUND

A 1km Pathway and Pump Track





Physically active people are happier, healthier and live longer.

Local Population Physical Activity Levels



Adults

- Horam Recreation Ground is in Wealden 011D LSOA
- Inactivity of 21% (similar to Wealden average (21.7%)).
- 38% of households have at least one resident with a disability or long-term health condition (above the national average (37%)).
- 25% of residents are aged 65 and over (significantly above the national average (18.5%)).
- A level walking path may give these demographics more confidence and ability to exercise in this area.

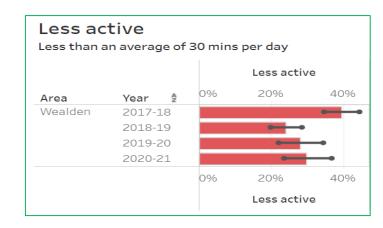


Local Population Physical Activity Levels



Children and Young People

- 30% of children and young people in Wealden were 'less active' in 2020-21.
- 8% of residents in Wealden 011D are aged 5-11.5% are aged 12-16.
- There are 20 schools within a 5 mile radius of Horam with a total of 6377 pupils.
- 19% of these pupils (over 1000) are eligible for Free School Meals.
- Children and Young People from low affluence families are more likely to be less physically active.



Public Consultation Feedback

- 220 responses from the local community.
- 96.8% in favour of installing a pathway.
- 94% in favour of installing a pump track.
- 91.8% felt the new facilities would benefit their physical health.
- 91.8% felt the new facilities would benefit their mental health.
- Those with a disability noted that it was difficult to walk on grass, particularly in the winter.

"walk, cycle, in a safe area while grandchildren scoot or cycle on a family Sunday afternoon." "facilities like this should be implemented for people who are socially isolated." "The pathway is a wonderful idea for people like myself with mobility issues."

"I have a disabled daughter so cannot walk on grass so [a] perfect idea."

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"This is a great idea – fully in favour. We need a safe place for small kids to ride bikes and scoot."

"Mayfield Children's home [would] use it and are disabled. Please do it. Path needed in winter."

Potential Impact at Horam



Current Users	Potential New User Groups
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Heathfield & Horam Football Club	Grandparents (with grandchildren), local care homes & retirement housing
Horam Bowls Club	Nursery parents/carers
Horam Tennis Club	Local special schools
Horam Scouts	Running/cycling/walking clubs
Horam Allotments	Pushchair, mobility scooter and wheelchair users
Dog walkers and visitors to the play park, skate park and village hall	New housing developments: Merrydown (59), Rosemead (123), Four Seasons (38), Hedgerows (53).

